



PACKAGE LEAFLET: INFORMATION FOR THE PATIENT

IASOcholine[®] 1 GBq/mL, solution for injection fluorocholeline (¹⁸F) chloride

Read all of this leaflet carefully before you will be administered this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your nuclear medicine doctor who will supervise the procedure.
- If you get any side effects talk to your nuclear medicine doctor. This includes any possible side effects not listed in this leaflet.

What is in this leaflet:

1. What IASOcholine is and what it is used for
2. What you need to know before IASOcholine is used
3. How IASOcholine is used
4. Possible side effects
5. How IASOcholine is stored
6. Contents of the pack and other information

1. WHAT IASOcholine IS AND WHAT IT IS USED FOR

This medicine is a radiopharmaceutical product for diagnostic use only.

IASOcholine is used for diagnostic use in Positron Emission Tomography (PET) examinations and is administered prior to such an examination.

The active ingredient in IASOcholine[®] allows to picture an enhanced influx of the natural substance choline in specific organs or tissues and is detected by PET and shown as a picture.

Positron Emission Tomography is an imaging technology used in nuclear medicine that produces pictures of cross-sections of living organisms. It works with a minute amount of radioactive pharmaceutical to produce quantitative and precise images of specific metabolic processes in the body. This examination is carried out to help decide on how to treat the illness you are suffering from or you are suspected of suffering from.

2. WHAT YOU NEED TO KNOW BEFORE IASOcholine IS USED

IASOcholine must not be used

- if you are allergic (hypersensitive) to the active substance fluorocholeline (¹⁸F) chloride or any of the other ingredients of this medicine (listed in section 6).
- if you are pregnant.

Warnings and precautions

Take special care with IASOcholine

- if you are pregnant or believe you may be pregnant
- if you are breast-feeding
- if your kidneys do not function properly: in this case a very careful indication is required since you may be exposed to increased radiation.
- if you come into contact with infants: It is recommended to avoid close contact between the patient and infants in the initial 12 hours following the injection.

Before administration of IASOcholine you should:

- drink plenty of water before the start of the examination in order to urinate as often as possible during the first hours after the study.
- be fasting for at least 4 hours

Children and adolescents

Talk to your nuclear medicine doctor if you are under 18 years old.

Other medicines and IASOcholine

Tell your nuclear medicine doctor if you are taking, have recently taken or might take any other medicines, since they may interfere with your doctor's interpretation of the images: in particular if you are treated or have been treated by anti-androgen therapy.

If you are in doubt, ask your nuclear medicine who is carrying out the PET examination for further information.

IASOcholine with food and drink

You should be fasting for at least 4 hours before the administration of IASOcholine[®]. You should drink plenty of water.

Pregnancy and breast-feeding

You must inform the nuclear medicine doctor before the administration of IASOcholine if there is a possibility you might be pregnant, if you have missed your period or if you are breast-feeding.

When in doubt, it is important to consult your nuclear medicine doctor who will supervise the procedure.

If you are pregnant

Do not let IASOcholine[®] be injected to you if you are pregnant.

The nuclear medicine doctor will only administer this product during pregnancy if a benefit is expected which would outweigh the risks.

If you are breast-feeding

If administration during breast-feeding is unavoidable, breast milk may be drawn off before injection and stored for subsequent use. Breast-feeding should be stopped for at least 12 hours. Any milk produced during this period should be discarded.

Please ask your nuclear medicine doctor when you can resume breast-feeding.

Driving and using machines

The effects on the ability to drive and use machines have not been investigated.

IASOcholine contains sodium

According to the time of conditioning injection for the patient, the content of sodium may in some cases be greater than 1 mmol (23 mg). This should be taken into account in patient on low sodium diet.

3. HOW IASOcholine IS USED?

There are strict laws on the use, handling and disposal of radiopharmaceutical products. IASOcholine will only be used in special controlled areas. This product will only be handled and given to you by people who are trained and qualified to use it safely. These persons will take special care for the safe use of this product and will keep you informed of their actions.

The nuclear medicine doctor supervising the procedure will decide on the quantity of IASOcholine to be used in your case. It will be the smallest quantity necessary to get the desired information.

The quantity to be administered usually recommended for an adult ranges from 200 to 500 MBq. (megabecquerel, the unit used to express radioactivity).

Administration of IASOcholine and conduct of the procedure

IASOcholine is administered by intravenous injection.

One injection is sufficient to conduct the test that your doctor needs.

After injection, you will be offered a drink and asked to urinate immediately preceding the test.

Duration of the procedure

Your nuclear medicine doctor will inform you about the usual duration of the procedure.

After administration of IASOcholine, you should:

- avoid any close contact with young children for the 12 hours following the injection.
- urinate frequently in order to eliminate the product from your body

The nuclear medicine doctor will inform you if you need to take any special precautions after receiving this medicine. Contact your nuclear medicine doctor if you have any questions.

If you have been given more IASOcholine than you should

An overdose is unlikely because you will only receive a single dose of IASOcholine precisely controlled by the nuclear medicine doctor supervising the procedure. However, in the case of an overdose, you will receive the appropriate treatment. In particular, the nuclear medicine doctor in charge of the procedure may recommend that you drink abundantly in order to facilitate the elimination of IASOcholine from your

body (indeed the principle way of elimination of this medicine is renal, in the urine). It may become necessary to take diuretics.

Should you have any further question on the use of IASOcholine, please ask your nuclear medicine doctor who supervises the procedure.

4. POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them.

No adverse effects have been observed to date.

This radiopharmaceutical will deliver low amount of ionising radiation associated with the least risk of cancer and hereditary abnormalities.

Your doctor has considered that the clinical benefit that you will obtain from the procedure with the radiopharmaceutical overcomes the risk due to radiation.

Reporting of side effects

If you get any side effects, talk to your nuclear medicine doctor. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system ADR Reporting website: www.medicinesauthority.gov.mt/adrportal. By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW IASOcholine IS STORED

You will not have to store this medicine. This medicine is stored under the responsibility of the specialist in appropriate premises. Storage of radiopharmaceuticals will be in accordance with national regulation on radioactive materials.

The following information is intended for the specialist only.

This product must not be used after the expiry date which is stated on the label.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What IASOcholine contains

- The active substance is fluoromethyl-(¹⁸F)-dimethyl-2-hydroxyethyl-ammonium chloride (or fluorocholine (¹⁸F) chloride).
- 1 mL solution for injection contains 1 000 MBq fluorocholine (¹⁸F) chloride at the date and time of calibration
- The other ingredients are sodium chloride and water for injections.

What IASOcholine looks like and contents of the pack

You do not have to obtain the medicine yourself, nor do you have to handle the packaging or the vial. The following is for your information only.

IASOcholine[®] is a clear and colourless liquid.

The activity per vial ranges from 500 MBq to 15 000 MBq at the date and time of calibration.

Marketing Authorisation Holder

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This medicinal product is authorised in the Member States of the EEA under the following names:

Austria	IASOcholine 1 GBq/mL - Injektionslösung
Belgium	IASOcholine 1 GBq/mL, solution injectable
Bulgaria	IASOcholine 1 GBq/mL, инжекционен разтвор
Czech Republic	IASOcholine 1 GBq/ml, injekční roztok
Germany	IASOcholine 1,0 GBq/ml Injektionslösung
Estonia	IASOcholine 1 GBq/ml, süstelahus
France	IASOcholine 1 GBq/mL, solution injectable
Italy	Pcolina 1 GBq/mL, soluzione iniettabile
Lithuania	Pcolina 1 GBq/mL injekcinis tirpalas
Luxembourg	IASOcholine 1 GBq/mL, solution injectable
Malta	IASOcholine 1 GBq/mL, solution for injection
Poland	IASOcholine, 1 GBq/ml, roztwór do wstrzykiwań
Romania	IASOCHOLINE 1 GBq/ml soluție injectabilă
Slovenia	IASOcholine 1 GBq/ml raztopina za injiciranje
Slovakia	IASOcholine 1 GBq/ml, injekčný roztok

This leaflet was last revised in 11.2016

The following information is intended for medical or healthcare professionals only:

The complete SmPC of IASOcholine is provided as a separate document in the product package, with the objective to provide healthcare professionals with other additional scientific and practical information about the administration and use of this radiopharmaceutical.

Please refer to the SmPc (SmPc should be included in the box)